

Examrace

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Suggested Readings for the 2011 UPSC New (CSAT) Prelim Exam Paper I

Current National Issues

- India (national year book from Publication Division) Relevant chapters.
- One major national daily The Hindu or The Times of India preferably.
- Frontline (fortnightly from the Hindu) selected news analysis and articles.
- 'Yojana' 'Kurukshetra' and Employment News (from Publication Division) news and relevant articles.
- All India Radio (news and analysis) and RBC (news and analysis).
- World Focus a journal on international affairs (selected issues)
- Seminar a monthly symposium on national current and socio-political issues.
- Down to Earth a fortnightly on science and environment.
- One career magazine preferably the Civil Services Chronicle (English and Hindi editions).

Indian Polity

- Organs of Government [NCERT IXth Std.](#)
- Society, State and Government [NCERT XIth Std.](#)
- Major Concepts of Political Science [NCERT XIIth Std.](#)
- India: Constitution and Government (NCERT) [IXth](#) & [Xth](#) Stds.
- The Constitution of India from Publication Division (Pocket book size i.e.. English-Hindi combined edition).
- Introduction to the Constitution of India D. D. Basu.
- Our Parliament and Our Constitution (separate books) S. C. Kashyap (NBT)
- Perspective on the Constitution of India S. C. Kashyap (Edited).
- Citizens and the Constitution S. C. Kashyap (Pub. Div.).
- Democracy-An Analytical Survey Jean Baechler (NBT).
- Democracy in India (NCERT) Prof. Rashidudeen Khan (XIIth STd.).

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- India (Pub. Div.) relevant chapters.
- Gazetteer of India (Pub. Div.) Vol. I
- Public Administration in India Padma Ramachandran (NBT).
- Relevant notes to be made from newspapers and magazines on the contemporary political issues.

Indian Economy

- Micro & Macro-economics [NCERT XIIth Std-2 vols.](#)
- Indian Economic Development [NCERT-XIth Std.](#)
- Indian Economy Dutt and Sundharam or Mishra and Puri.
- Economic Survey Ministry of Finance, GoI.
- India (Pub. Div.) relevant chapters.
- 'Yojana' & 'Kurikshetra' monthlies by Pub. Div.
- Gazetteer of India (Pub. Div.) Vol. 1.
- Relevant notes from magazines and newspapers.

History

- [NCERT-All books related to Indian History](#)
- Modern India B. L. Grover.
- Social background of Indian nationalism A. R. Desai
- Freedom Struggle Bipin Chandra
- For cultural questions, candidates can take the help of books of NBT. For example Indian Music, Dance, Drama, Painting etc.

Geography

- Principles of Geography (NCERT) [Part I & II](#) for XIIth Std (Old editions).
- Geography of India [NCERT-Xth Std.](#)
- General Geography of India [NCERT-XII th Std.](#)
- [Land and the People](#) NCERT-VI th, VII th & VIII th Std.
- Certificate Physical and Human Geography (Oxford) Goh Cheng Leong.
- Physical Geography of India (NBT) C. S. Pichamuthu.

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- Intermediate Bhoogol (Bharti Bhavan, Hindi medium) Suresh Prasad (vol. 1& 2).
- Gazetteer of India (Pub. Div.) Vol. 1
- Bhoogol Paribhasha Kosh Delhi University.
- India (Pub. Div.) Relevant chapters.
- A standard Dictionary of Geography preferably of the Penguin.
- Khullar's Geography
- Suresh Prasad's Intermediate Geography
- One Atlas TTK or Orient Longman.
- Census Report
- Down to Earth (fortnightly magazine)
- Yojana and Kurukshetra

General Science

- [Science NCERT-VI th Std.of X th Std.](#)
- Applications of [Biology NCERT](#) a chapter of XII th Std. Biology section.
- History of Science Ray & Moser, 5 vols (University Press).
- How? What? Why? 3 Books by NSC, CSIR, Govt. Of India.
- The Human Machine (NBT) Bijlani & Manchanda.
- Life: From Cell to Cell (Pub. Div.) Bal Phondke
- His Master's Slave (Pub. Div.) Japan Bhattacharya.
- Ek Se Bhale Do (CSIR, GoI) N. S. K. Prasad (Hindi medium).
- Marching Ahead with Science (NBT)
- India (Pub. Div.) Scientific & Technological Development, Environment and Defence chapters only.
- Science Reporter (CSIR) selected issues (English monthly).
- Vigyan Pragati (CSIR) selected issues (Hindi monthly).
- A standard 'Dictionary of Science and Technology'
- Current development from news papers.

Important Areas of Life Science for Preliminary Test

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- The cell: Shapes and size, cell structure, cell organelles, Difference between animal and plant cells.
- Plant Physiology Roots, Photo synthesis, Respiration in plants.
- Circulatory system Blood, The Heart, Lymphatic systems.
- Respiratory system Respiratory system of man, Mechanism of respiration, respiratory disorders.
- Excretory system Organ of excretion, internal structure of Kidney and Functions, Regulation of Urine formation, Artificial Kidney.
- Nervous system Structure of neuron, various nervous system, Reflex action, structure, function working and common defects of eye, ear, tongue, skin etc.
- Reproductive system Human reproductive system, fertilization, artificial inseminations, parturition.
- Endocrine system Endocrine glands in man and function of hormones.
- Fundamental of Genetics.
- Health organizations.
- Nutrition carbohydrates, protein, fats, vitamins etc and deficiency diseases.
- Muscles and joints.
- Health and Disease Cancer, TB, Polio, Leprosy, Acids, Hepatitis, Dengue etc.
- Animal Husbandry

Sail through IAS Mains and Prelims (both English & Hindi): Fully-explained Prelims (Both GS & Aptitude) problems with detailed solutions. Notes & detailed answers for Mains GS, Essay, Compulsory (Hindi and English) papers and optionals.