

## Examrace

### Competitive Exams: Psychology MCQs (Practice\_Test 9 of 68)

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1. Which one set of the following is the correct sequence of stages in generating general adaptation syndrome?
  - a. Exhaustion, alarm and resistance
  - b. Resistance, exhaustion and alarm
  - c. Alarm, resistance and exhaustion
  - d. Resistance, alarm and exhaustion
2. Which one of the following is ego defence-oriented reaction to stress?
  - a. Regression
  - b. Attack
  - c. Withdrawl
  - d. Imitation
3. Which one of the following methods is used by Holmes and Rahe to scale stressful life events?
  - a. Magnitude production
  - b. Equal appearing intervals
  - c. Successive intervals
  - d. Magnitude estimation
4. Yerkes Dodson's law regarding the relationship between arousal and performance proposes
  - a. positive linear relationship between arousal & performance
  - b. negative linear relationship between arousal & performance
  - c. inverted u-relationship between arousal and performance
  - d. u-relationship between arousal and performance
5. Which one set of the following is the correct sequence of adjustive process?
  - a. Conflict, frustration, coping mechanism, defence mechanism

- b. Frustration, conflict, coping mechanism, defence mechanism
  - c. Conflict, coping mechanism, frustration, defence mechanism
  - d. Coping mechanism, conflict, frustration, defence mechanism
6. According to All port, four levels of prejudices are
- a. cognitive, affective, behavioural and social
  - b. cognitive, social, historical and behavioural
  - c. cognitive, conative, behavioural and environmental
  - d. cognitive, psychodynamic, situational and historical-socio-cultural
7. Consider the following statements: Solitary confinement and extreme isolation methods used in 'brain washing' are effective because they
- a. creat stimulus deprivation situation.
  - b. cause suggestibility and distraction.
  - c. increase emotional vulnerability.
  - d. breakdown normal consensual validation.

Which of these are correct?

- a. 1, 2 and 4
  - b. 2, 3 and 4
  - c. 1, 2 and 3
  - d. 1, 3 and 4
8. Which one of the following authors contributed significantly towards measurement of social attitudes?
- a. Guilford
  - b. Bogardous
  - c. Cattell
  - d. Lewin
9. When the skills and devices are used by people consciously and unconsciously to influence the impressions that others have of them, it is known as
- a. impulse control
  - b. impression formation

- c. impression management
  - d. imprinting
10. The TV. Advertisements of commercial products do NOT use
- a. two-way communication
  - b. one-way communication
  - c. non-verbal communication
  - d. prestige suggestion
11. Warning people against attempts at attitude change can make them more resistant. This refers to
- a. inoculation effect
  - b. boomerang effect
  - c. contrast effect
  - d. reinforcement effect
12. Which one of the following pairs is correctly matched?
- a. Perceptual vigilance—Sensitivity to all stimuli
  - b. Perceptual illusion—Perceiving all information as positive
  - c. Perceptual set—Seeking attitude supportive information
  - d. Perceptual defence—Misperceiving or avoiding attitude discrepant information
13. In person perception, there are schemes that organize a group of personality trait into a meaningful personality type. They are called
- a. prototypes
  - b. auto stereotypes
  - c. heterostereotypes
  - d. prejudice
14. When we assign the cause of people's behaviour to their personality, it is called
- a. situational attribution
  - b. dispositional attribution
  - c. causal disposition
  - d. causal attribution

15. Which one of the following forms of intergroup contracts is ideal for reducing prejudice between groups?
- a. Contact in public situations
  - b. Frequent individual contact
  - c. Equal status contact
  - d. Intergroup cooperation in attaining common goals

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