

## Examrace: Downloaded from examrace.com

For solved question bank visit [doorsteptutor.com](https://doorsteptutor.com) and for free video lectures visit [Examrace YouTube Channel](#)

# Psychology Most Important Questions with Answers on State of Consciousness Part 1

Doorsteptutor material for GATE is prepared by world's top subject experts: [fully solved questions with step-by-step explanation](#)- practice your way to success.

1. The chief characteristic of hypnosis is

- (a) Heightened arousal.
- (b) Increased suggestibility.
- (c) Enhanced creativity.
- (d) Increased clairvoyance.

Answer: B

Solution:

2. The most frequently used psychoactive drug in the United States is

- (a) Marijuana.
- (b) Cocaine.
- (c) Alcohol.
- (d) Caffeine.

Answer: D

Solution:

3. Which of the following sleep phenomena could be detected without the aid of an EEG machine?

- (a) Stage 2 sleep
- (b) REM sleep
- (c) Stage 3 sleep
- (d) sleep spindles

Answer: B

Solution:

4. Dissociation or a split in awareness is an experience commonly associated with

- (a) Hypnotic induction.
- (b) Amphetamine intoxication.
- (c) Withdrawal symptoms.
- (d) Relaxation training.

Answer: A

Solution:

5. Which of the following best describes the stability of sleep cycles?

- (a) They are innate so they cannot be modified.
- (b) They are innate but can be modified in times of emergency.
- (c) They are entirely learned but are difficult to modify.
- (d) They are entirely learned and, thus, may be easily modified.

Answer: B

Solution:

6. A loud noise awakens you; you emerge from sleep confused and do not remember the noise. You were in which stage of sleep?

- (a) Stage 1
- (b) Stage 2
- (c) Stage 3
- (d) Stage 4

Answer: D

Solution:

7. Which of the following is a goal of the therapeutic use of sensory deprivation?

- (a) Decompression of the ventricular system.
- (b) Experiencing relaxation and reducing stress.
- (c) Producing delusions.
- (d) Producing hallucinations.

Answer: B

Solution:

8. Hypnotized subjects who were told to plunge one hand into a painful bath of ice water, and were told to feel no pain,

- (a) Awoke from their hypnosis.
- (b) Wrote "it hurts" with their free hand.
- (c) Did not feel any pain.
- (d) Went into a coma.

Answer: B

Solution:

9. Beta waves are characteristic in the EEG of a person who is

- (a) Dreaming.
- (b) Asleep but not dreaming.
- (c) Awake and alert.
- (d) In Stage 2 sleep.

Answer: C

Solution:

10. Physical cravings for a drug and unpleasant reactions when the drug is withheld are signs of

- (a) Drug tolerance.
- (b) Psychological dependence.
- (c) Emotional dependence.
- (d) Physical addiction.

Answer: D

Solution:

11. Drug abuse associated with which of the following drugs is correlated with breast cysts, birth defects, miscarriage, and contributes to bladder cancer, heart problems, and high blood pressure?

- (a) Caffeine
- (b) Cocaine

(c) Nicotine

(d) Heroin

Answer: A

Solution:

12. Which of the following drugs is physically addictive?

(a) Morphine

(b) Cocaine

(c) Heroin

(d) all of these

Answer: D

Solution:

13. The reduction in the body's response to a drug which may accompany drug use is called

(a) Withdrawal.

(b) Addiction.

(c) Dependence.

(d) Tolerance.

Answer: D

Solution:

14. A sudden, irresistible urge to sleep, which lasts a few minutes to half an hour during the daytime, is called

(a) Narcolepsy.

(b) Hypersomnia.

(c) Sleep apnea.

(d) Sleepwalking disorder.

Answer: A

Solution:

15. A particularly dangerous (often fatal) combination of drugs is

(a) Marijuana and hashish.

(b) Amphetamines and Dexedrine.

(c) Alcohol and barbiturates.

(d) Caffeine and nicotine.

Answer: C

Solution:

16. The surest way to alter human consciousness is

(a) Through meditation.

(b) By sleeping.

(c) To administer a psychoactive drug.

(d) To use sensory deprivation.

Answer: C

Solution:

Developed by: [Mindsprite Solutions](#)